

SCAN FOR MORE
INFORMATION



Erchonia[®] Low Level Laser Therapy

Offering patients
natural pain solutions

Newnan Natural Pain
Relief and Wellness

Drs. Craig and Cole Steingraber, DC
60 Oak Hill Boulevard, Suite 202
Newnan, Georgia 30265
Office: 770-254-7833

Testimonial

"I received Low Level Laser Therapy before and after I had shoulder replacement surgery and my physical therapist said I progressed much faster than patients not using it."



FDA CLEARED for decreasing postoperative
pain and many other health conditions.



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HOW DOES IT WORK?

History of Low Level Laser Therapy or LLLT

- **Low-Level Laser Therapy, or LLLT** (also known as photobiomodulation), emerged in the early 1960s, shortly after the invention of the ruby laser and the Helium-Neon (He-Ne) laser.
- Hungarian physician Endre Mester's 1967 discovery of **accelerated hair growth and wound healing** in mice was a key milestone.
- Often called "Cold Laser Therapy," LLLT doesn't actually feel cold—it simply means **the treatment doesn't generate heat**.

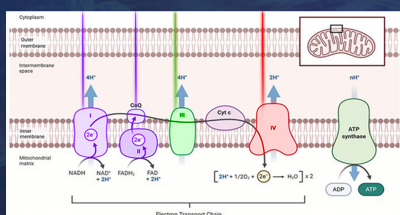
Erchonia® is the global leader in Class 2 lasers with more FDA clearances than all competitors combined



The Science

- LLLT, or Cold Laser Therapy is a non-invasive treatment that uses **specific wavelengths** and **specific energies of light** to promote healing and reduce pain.
- There are different classes of lasers that perform different functions. Not to be confused with surgical lasers, LLLT is the **safest therapeutic laser** in existence.

Mitochondria Electron Transport Chain



Photon Energy (Wavelength) required to excite each complex.

Complex 1 & 2	Complex 3	Complex 4
405nm	520nm	635nm

- Just like sunlight produces Vitamin D through a chemical reaction, LLLT stimulates mitochondria in our cells to **produce more energy, known as adenosine triphosphate (ATP)**
- LLLT allows the body to heal and function better **naturally, potentially decreasing the need for pain medication.**

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Your Health, Our Priority

LLLT Potential Benefits

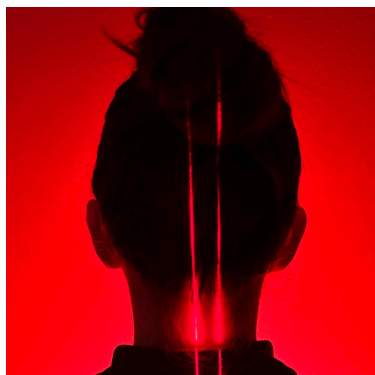
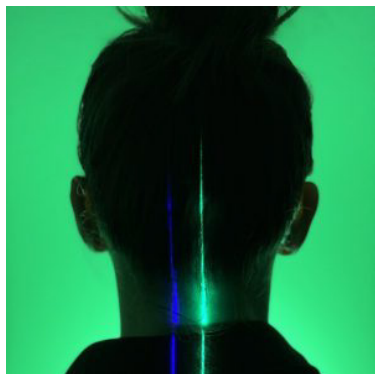
- › Energy optimization
- › Pain relief
- › Faster recovery
- › Improved brain function
- › Enhanced sports performance
- › Better sleep
- › Anti-inflammatory
- › Improved memory
- › Enhanced coordination
- › Immune system benefits
- › Headache reduction
- › Better circulation

Are All Low Level Laser Therapies the Same?

Violet light has the most energy and has antiviral and antibacterial effects <<<

Green light, the latest option, allows for enhanced energy optimization and activation <<<

Red light (different from LED or infrared light) allows for deeper penetration <<<



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USES AND SAFETY



There are three potential contraindications for use based on Erchonia® Corporation

- Do not use over abdomen or lower back **when pregnant.**
- Do not use to treat **malignant tumors.**
- Treatment time and frequency are crucial for effective and safe results **for use in the eyes.**
- **Virtually ANYTHING else can be indicated for use.**

Erchonia® FDA clearances:

Erchonia is the global leader in Class 2 lasers with more FDA clearances than all competitors combined.

- 2002: Chronic neck and shoulder pain-red
- 2004: Post-surgical pain due to breast implantation
- 2005: Acne
- 2008: Post-surgical pain following liposuction
- 2014: Chronic heel pain and plantar fasciitis
- 2016: Foot fungus
- 2018: Chronic lower back pain
- 2019: Overall musculoskeletal pain
- 2019: Chronic neck and shoulder pain
- 2021: Post-operative pain
- 2021: Overall musculoskeletal pain
- 2022: Chronic neck and shoulder pain-violet green




Safety

- There are **no negative side effects reported** in almost 30 years *using Erchonia® brand low-level therapy lasers.*
- **Most people do not feel anything.** Very few people say they feel a very light tingling sensation. In our experience, this may be 1% of all patients we have seen.

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TREATMENT TIME AND COST



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- › Erchonia® low level laser light therapy can be used on the same setting every 90 minutes (assuming you can get here every 90 minutes!)
- › **Acute symptoms** (less than 3 months): 6 visits ± a few visits
- › **Chronic symptoms** (more than 3 months): 12 visits ± a few visits
- › We advise at least 3 visits per week for best results
- › Treatment time generally takes approximately 10 minutes or less per body region

Cost: Many patients utilize laser therapy only and do not need additional evaluation and services.

For laser application only, the following applies:

- \$50 initial visit. This includes relevant medical history and patient facilitation.
- We offer two treatment options:
 - \$15 per region
 - \$25 per region, including spinal nerve root and brain associated regions.

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TESTIMONIALS

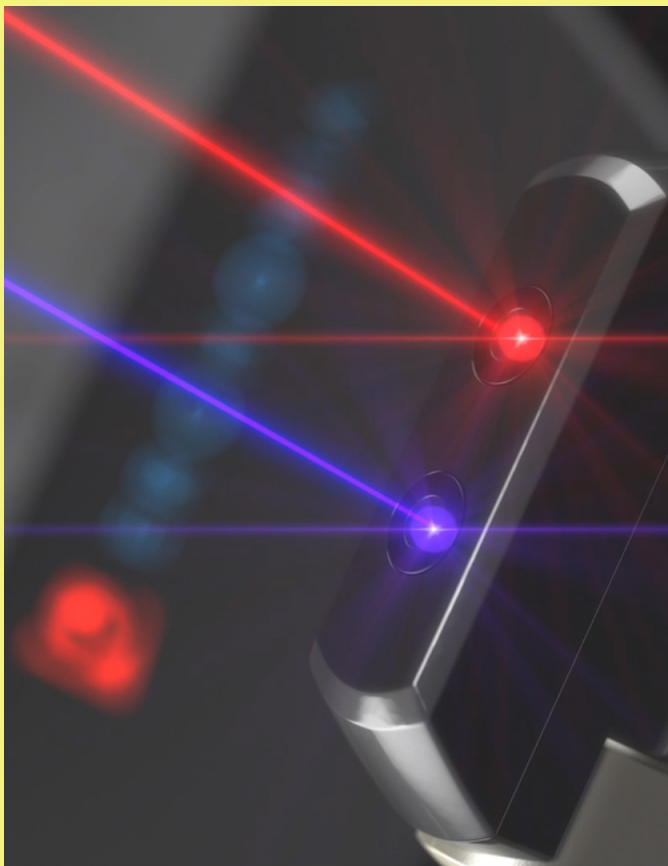
TESTIMONIALS FROM OUR PATIENTS

“After breaking my femur and being hospitalized, I couldn’t put any weight on my leg, and the pain was awful. Recovery felt like it was going on for months—until I tried low level laser therapy. After just a few treatments, the pain significantly decreased, and I can finally bear weight again. It was the game changer in my recovery!”

“I’ve had chronic pain from a hip replacement, lower back pain, aching and restricted motion in both thumbs, and even a stubborn foot fungus for years. Low level laser therapy has provided incredible results and I use it to manage these stubborn issues. Plus, scheduling is a breeze and the cost is surprisingly affordable.”

“Months after knee replacement surgery, I was still dealing with constant swelling and pain—and then my other knee started aching too. After 12 laser treatments, the pain was virtually gone. It felt miraculous. I tried it for chronic sinus congestion—and unbelievably, it even unclogged an ear that had been blocked since I was a child. This therapy has changed my life!”

“I had shoulder pain that occurred out of nowhere, had an MRI which showed torn tendons. I was told I may need surgery if rehab didn’t work. I used laser therapy and after 9 treatments, all my pain was gone and best of all, has not returned 9 months later.”



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TESTIMONIALS cont'd

“Compared to my previous knee replacement, using low level laser significantly decreased pain and improved my healing time. AND my scar healed so much faster and looks tons better than my previous surgery. Now, I am using low level laser for my old scar AND that one looks much better too!”

“I had an ACL repair with a quad tendon graft and used the post operative, scar revision and pain relief settings for the laser immediately following my surgery. Low level laser therapy not only managed my pain, but also decreased inflammation in my knee and got me active in 7 months. I hit every rehab benchmark early, and I can barely see the scar. I highly recommend LLLT from Newnan Natural Pain Relief and Wellness!”

“I had hip replacement surgery and used low level laser before and after my surgery. My surgeon and therapists said I improved much faster and more completely than most patients they have seen.”

“I had chronic hip bursitis for over 30 years, 12 treatments and 85% better. Now I do maintenance laser every 3 weeks to better ensure it stays feeling better!”

“I received low level laser therapy before and after I had shoulder replacement surgery and my physical therapist said I progressed much faster than patients not using it.”



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“My primary care physician referred me for laser for my shingles, 6 treatments, no more pain.”

“I fell and broke my rib, was given pain meds and anti inflammatories. Could hardly take a breath or sleep. Two treatments, could sleep much better. Ten laser treatments, 95% pain free in less than 7 days after breaking my rib!”

“Poison ivy rash, a lot of itching. After 1 treatment, itching stopped and did not return.”

“TMJ pain, 4 treatments, no more pain and now I manage my chronic TMJ issue with laser therapy.”

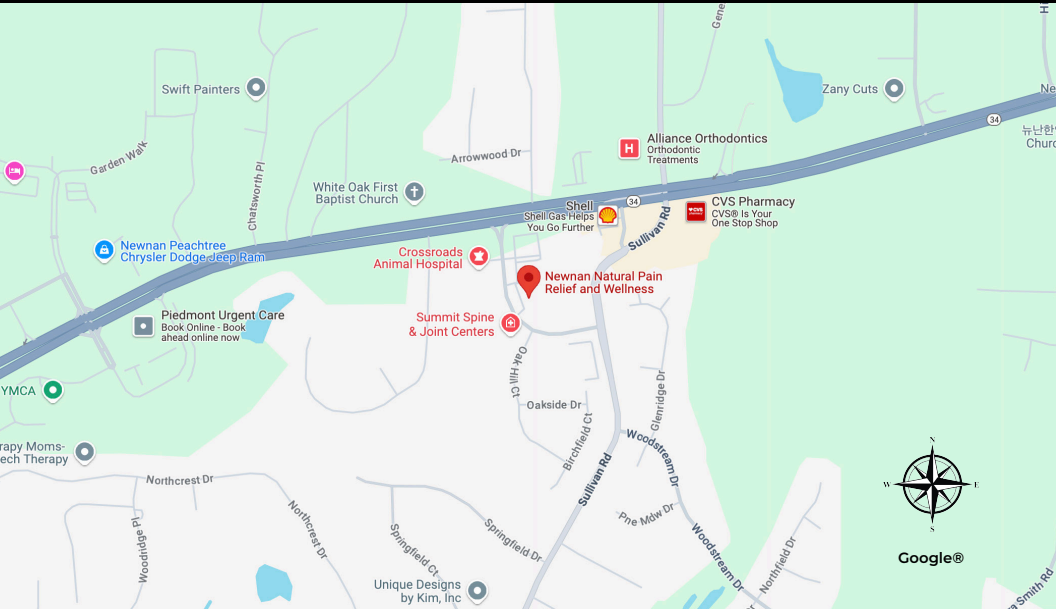
“Three weeks of coughing from bronchitis. Medications were not helping. Six treatments of laser therapy, coughing decreased by 80%.”

“Chronic plantar fasciitis, 4 laser treatments, no more pain.”

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The preceding is meant for educational purposes and not intended to diagnose, treat, cure or prevent certain health conditions.

OUR LOCATION



Directions to the Newnan Natural Pain Relief and Wellness office:

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60 Oak Hill Boulevard, Suite 202
Newnan, Georgia 30265
Office: 770-254-7833

From Atlanta:

1. Take I-85 South towards Newnan.
2. Take exit 47 towards Sharpsburg/Peachtree City.
3. Turn left onto Bullsboro Drive.
4. Continue straight approximately 2-1/4 miles.
5. Turn right onto Oak Hill Boulevard.
6. Continue straight, and the destination will be on your left.

From Peachtree City (East):

1. Start on GA-34 West.
2. Continue straight to stay on GA-34 West for approximately 8 miles.
3. Turn left at the stoplight onto Sullivan Road.
4. Continue onto Sullivan Road about 1/4 mile and turn right onto Oak Hill Boulevard.
5. Continue straight, and the destination will be on your right.

From LaGrange (Southwest):

1. Take Lafayette Parkway towards I-85.
2. Merge onto I-85 North towards Atlanta.
3. Take exit 47 for GA-34 towards Sharpsburg/Peachtree City.
4. Continue onto Bullsboro Drive for approximately 2-1/4 miles.
5. Turn right onto Oak Hill Boulevard.
6. Continue straight, and the destination will be on your left.

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